

# Section H

## Fresh Worksheets and Short-Term Storage

This section of the *Sourcebook* has three plastic pockets:

- The first pocket is for storing and transporting fresh worksheets: one set of *Full Worksheets*, one set of *Condensed Worksheets*, and a *One-Page Worksheet*.
  - The *Full Worksheets* have footnotes and paragraphs of information which describe the process to you and guide you through it. They also have leading questions which invite you to do spiritual work along the way. The *Full Worksheets* allow you fully to understand and practice the process, regardless of your level of prior knowledge or experience.
  - The *Condensed Worksheets* are for when you no longer need information or guidance in the process. They include only the steps of the process, the leading questions, and spaces for writing.
  - The *One-Page Worksheet* is for when you no longer need information, guidance, or leading questions. It includes only the steps of the process plus spaces for writing.
- The second plastic pocket is for multiple copies of the *Step 1 Filler Sheet*.
  - The *Step 1 Filler Sheet* provides extra space for writing during Step 1 of the process—*Self-Examination*. You'll use it as needed during that step.
  - Having a supply of *Step 1 Filler Sheets* on hand can be useful any time you go through the process in writing.
- The third pocket is for worksheets currently in use.

Each of the pockets is a different color. This allows quick access to their differing contents.