

# Begin a New Life

## Outline of a Weekend Retreat

### Friday evening

- Arrival
- Dinner
- Free time

### Saturday morning

- Breakfast
- Welcome & check-in (9:00 a.m.)
- Prayer/devotional time (9:15 a.m.)
- Main session (9:30 or 9:45 a.m.)
- Sharing & discussion (11:30 a.m.)

### Saturday afternoon

- Lunch
- Free time
- Hors d'oeuvres w/ social time, sharing, & discussion (5:00 p.m.)

### Saturday evening

- Dinner (7:00 p.m.)
- Free time
- Evening vespers & communion with God (9:00 p.m.)

### Sunday morning

- Breakfast
- Prayer/devotional time (9:00 a.m. or 10:00 a.m.)
- Preparation for departure
- Lunch & departure